



# transitions

In partnership with Trafford Parents Forum

The Transitions project is a free service funded by BBC Children in Need. We work with 11—19 year olds who live in Trafford and consider themselves to have a long term health condition, impairment, disability or are young carers.

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## What we offer

- Advice and guidance to young people and their families when making choices about education or employment.
  - One-to-one emotional support
  - One-to-one personal goal setting sessions.
  - Opportunities to participate in fun activities and skills based workshops.
  - Signposting to other services.
  - Opportunities to participate in feedback forums to have your say about important issues.
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## For more information contact:

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**Pathway to Independence**

